



10 CLEVER USES FOR COFFEE GROUNDS



EXFOLIATE THE SKIN

Leave your skin with a fresh, vibrant appearance by gently rubbing used coffee grounds on your skin.



AGEING SKIN

Apply a natural coffee grounds face mask to reduce the formation of wrinkles and sagging skin.



SKIN INFLAMMATION

Incorporate coffee grounds into your regular skin care regime to prevent skin breakouts like acne.



PEST REPELLENT

Sprinkle coffee grounds in the backyard to repel common garden pests like slugs, snails, and fleas.



MOSQUITO BREEDING

Sprinkle coffee grounds into outdoor still water to discourage mosquitoes from breeding.



COMPOST PILES

Add coffee grounds, a rich source of nitrogen, into compost piles to maintain heat and moisture.



EARTHWORMS

Attract earthworms to the garden bed by adding used coffee grounds in the soil.



ODOR REDUCER

Add coffee grounds to things that may have odor issues, such as your shoes or the fridge.



FOOD ENHANCER

Add a rich, earthy taste to a variety of dishes, such as meat and desserts.



WOOD SCRATCHES

Mask small scratches on dark wood furniture by gently applying coffee ground on the spot.